

ELITE - Performance Level

Learn to Compete

Note: This schedule is subject to minor changes which would be announced in advance.

MARCH Schedule: Mar 5, 12, 19, 26 (Monday sessions from 4:15 to 5:45 pm)

APRIL						
SU	MO	TU	WE	TH	FR	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

APR: Skills/Education/1st Event
 Mondays: 4:15-5:45 pm
 Fridays: 6:30-8 pm

MAY						
SU	MO	TU	WE	TH	FR	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

MAY: Skills Test & Competitions
 May 19/26: Jr Skills Challenge
 M: 4:15-5:45 pm/ F: 6:30-8 pm

JUNE						
SU	MO	TU	WE	TH	FR	SA
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JUN: Skills Event & On-Course Play
 Jun 2: Jr Skills Challenge 5-8: pm
 M: 4:15-5:45 pm/ F: 6:30-8 pm

JULY						
SU	MO	TU	WE	TH	FR	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUL: On-Course Playing Skills
 Game Skills + Play on Course
 M: 4:15-5:45 pm/ F: 6:30-8 pm

AUGUST						
SU	MO	TU	WE	TH	FR	SA
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUG: On-Course Playing Skills
 Game Skills + Play on Course
 M: 4:15-5:45 pm/ F: 6:30-8 pm

SEPTEMBER						
SU	MO	TU	WE	TH	FR	SA
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

SEP: Prepare to Perform
 M: 4:15-5:45 pm/ F: 6:30-8 pm
 Club C: Sept 10, 12, 14, 16
 MacGregor Cup: Sept 24 & 28

OCTOBER Schedule: Oct 5, 12, 19, 26 (Friday sessions from 4:15 to 5:45 pm)

PROGRAM OUTLINE

This program combines higher level skill training to help build confidence while learning to compete.

MARCH - Pre-season training mixed with education classes.

APRIL - Skills development of swing, short game, golf-specific education and 1st competition event.

MAY - Skills testing, golf fitness, on-course play, 2nd competition event & 2 Jr Skills Challenge Events.

JUNE - 3rd Junior Skills Challenge Event, on-course games and social "Schools Out" event.

JULY - On-course playing skills; focus & emotion control skills; various game formats, competition event.

AUG - On-course playing skills; focus & emotion control skills; various game formats, competition event.

SEPTEMBER - Preparation for Club Championship week and MacGregor Cup Team Match Play event.

OCTOBER - Post-season training, off-season goal setting and season-ending wrap-up event.

ELITE PERFORMANCE LEVEL STUDENTS WILL RECEIVE

A "Player Profile" form that includes personal goals, game characteristics and progress reports.

A monthly review session with a coach to discuss goals, skills, progress and competitive schedule.

Order of Merit Points Race - points awarded for participation, effort, improvement and results.

Development of golf skills, golf knowledge and an introduction to preparing for competition.

Opportunity to participate in three Junior Skills Challenge events.

Opportunity to participate in monthly competitions and events (April-October).

Opportunity to play in the Junior Club Championship (age-appropriate divisions) and MacGregor Cup.

Encouragement and support to participate in local competitive events outside of the Elite Program.