



# PLAYERS LEAGUE

**LEARN TO COMPETE**

**AGES 14-18**

**\$469 (+GST)**

15 CLASSES + 15 GAMES/EVENTS: 30 HOURS COACHING + 30 HOURS ON COURSE

The Players League Golf Program is designed to provide students with a very flexible schedule of golf coaching, skill development, social interaction, and a mix of competitive playing skills. This program helps to bridge the gap between “Learn to Golf” and “Learn to Compete” programs and encourages regular games played on a variety of Vancouver public golf courses.

The Players League runs from March to September offering four to five activities per month. Instructors will provide a fun, socially interactive learning environment, focusing on athletic coordination, organized games, golf-specific skills, and education. Students who are keen to play unlimited golf throughout the year should consider purchasing the annual junior golf membership to Vancouver’s three Park Board public courses (\$399 for a 12-month membership – not included in the program fees).

By the end of the Players League program, students will be well educated in practice, preparation and play in a full mix of recreational and competitive level golf. Past participation in one or more Academy LTPD Programs, or similar golf experience is preferred.

Our course objectives and learning outcomes include continual improvement in the following:

## **Golf Fundamentals**

Grip, Stance, Aim, Posture and Alignment  
Pre-shot Routine, Post-shot Reflection  
Full Swing – Short Irons/Mid Irons  
Full Swing – Hybrids/Metal Woods  
Short Game – Putting, Chipping, Pitching and Sand

## **Physical Literacy**

Motor Skills, Agility, Balance and Coordination  
Strength and Power  
Movement/Travelling Skills/Object Control Skills  
Balance Movements, Stamina and Flexibility  
Fine Motor Skills (Dexterity and Synchronization)

## **Golf Education**

Golf Safety & Courtesy for Others  
Golf Course Etiquette  
Basic Golf Rules  
Basic Golf Terminology

## **Events**

Sportsmanship, Respect and Integrity  
Basics of Healthy Exercise, Nutrition and Diet  
Positive Self Talk & Calming Exercises  
Focus and Awareness of Others

Coaches: Derek Thornley (PGA), Sergio Moreno (PGA) and Blake Ceron (PGA)  
March 4 to September 23, 2023 Saturday’s 5:00 to 6:30 pm \$469 (+ GST)

**\* Program includes 15 lesson nights plus 15 on-course game/event nights**

[www.fraserviewgolfacademy.com](http://www.fraserviewgolfacademy.com)

604-257-6925

7800 Vivian Drive, Vancouver, BC





## 2023 PLAYERS LEAGUE

### Training Schedule

March	4, 11
April	1, 8, 15
May	6, 13
June	3, 10
July	1, 8
August	5
September	9, 16, 23

### Saturday's from 5:00-6:30 pm (1.5 hours)

Evaluations: Fitness, short game & full swing  
Proper practice habits and reflection skills  
Fundamentals and consistency: Ball flight and curvature  
Mental skills and performing when it matters  
Tracking, understanding, and learning from golf statistics  
Planning and preparation for Players League Championship  
Review and reflection on the season + Off season planning

*Note: some training sessions will be on course*

### Game / Event Schedule

March	18 & 25
April	22 & 29
May	20 & 27
June	17 & 24
July	15, 22 & 29
August	12, 19 & 26
September	2
October	12 (tbc)

### Saturday's from 5:00-7:30 pm (2.5 hours)

#### 5:15 pm Tee Times will be confirmed in advance

Team Scramble, Team Best Ball, Team Alternate Shot  
Team Match Play + Individual Match Play + Skills Challenge  
June Monthly Medal (3 scores combined)  
July Monthly Medal (3 scores combined)  
Ryder Cup Team Matches (3 different game formats)  
Players League Championship (gross and net divisions)  
Ryder Cup Team Match Play  
Awards Dinner

### Education Schedule

Golf Rules, Etiquette, Terminology, Clubs and Equipment, Score Keeping and Handicap  
Golf History - *to be presented in-person and online*

### Order of Merit Points Race

The Order of Merit Points Race rewards participation, effort, learning, results, and leadership.  
Order of Merit prizes are presented at the season-ending Awards Dinner.

